



November Cooking Fun Night at Loblaws

"Let's Build an Inclusive Community – Together we are ONE"



Socialization and Life Skills

Heep Chi Association has reserved **One FUN night at Loblaws Cooking Class** for our Special Need Children. Kids can sharpen their life skills and have interactive learning experience through the culinary arts. Loblaws provides highly qualified teachers with proper technique and seasonal ingredients for this hands on cooking class. Kids truly learn through participation.

Date: November 10, 2009 (Tuesday)
Time: 7:00pm – 8:30pm
Venue: Loblaws, 301 Hightech Road, Richmond Hill (Bayview & HWY 7)
Age: Ages 11 and up
Fee: \$12.60 /each participant includes cooking material and tax
 (Cooking fee is subject to change as cooking ingredients vary each time)
Seats: limited to 20 participants

Payment: Please send a cheque to Heep Chi Association-P.O.Box before **Nov 1, 2009**
****Parents/Caregiver must be at the premises to assist with participant****

****Please note the foods provided in the Cooking Fun Night are NOT peanut or allergy free****

Sign up: Please contact Brenda Tang E-mail at tang_edmund@hotmail.com or phone 905 508 2262 to reserve your seats by **Nov 5, 2009.**

Waivers must be signed by parents/guardians for each of the participants.

Ingredients are based on the no. of participants registered.

****Please note that NO on-site respite/child care services will be provided. Organizers cannot be held responsible for the safety of the participants. ****

**** Parents/Caregivers please assist in tidying up after the event****

****Pictures and/or video of participants might be taken during event for promotional purpose****

****No Refund for Registration** Loblaws prepares cooking material prior to the class.**